

2024 Heart Men's and Women's Outdoor Track & Field Championships - 5/3/2024 to
presented by WinWon Technologies
Hosted by Baker University
Meet Program

Event 1 Women 100 Meter Dash

Lane	Name	Yr	School	Seed Time
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Heat 1 of 2 Prelims

2	473 Alexandra Rose	SR	William Penn	12.54
3	9 Naomi Kilson	SR	Baker	12.32
4	464 Abigaille Batu-Tiako	SR	William Penn	12.25
5	312 Nala Burns	SO	MidAmerica	12.64
6	82 Ashlynn Triplett	FR	Benedictine	12.80
7	474 Grace Willms	SR	William Penn	12.90
8	363 Mya McKenzie	FR	Missouri Valley	NT

Heat 2 of 2 Prelims

1	234 Eden Clifton	SO	Graceland	12.23
2	328 Daizy Solir	JR	MidAmerica	12.37
3	389 Brooklyn Johnson	SO	Mount Mercy	12.66
4	174 Gabrielle Dillard	FR	Clarke	12.36
5	467 Vashansti Glover	FR	William Penn	12.96
6	472 Tabitha Rogers	JR	William Penn	12.96
7	236 Ambar Fulgencio	SO	Graceland	12.80

Event 3 Women 200 Meter Dash

Lane	Name	Yr	School	Seed Time
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Heat 1 of 3 Prelims

2	234 Eden Clifton	SO	Graceland	25.18
3	313 Lakin Essex	FR	MidAmerica	26.52
4	322 Janiah Nicholson	JR	MidAmerica	26.87
5	363 Mya McKenzie	FR	Missouri Valley	26.74
6	284 Neomi Sidique	SR	Grand View	26.45
7	131 Darly Camilo-Montenegr	SR	Central Methodis	25.44

Heat 2 of 3 Prelims

1	328 Daizy Solir	JR	MidAmerica	25.71
2	441 Hannah Mand	FR	Park	26.91
3	59 Brynna Gormley	SO	Benedictine	26.43
4	435 Adison Hayden	FR	Park	NT
5	432 Shelby Birmingham	JR	Park	24.97
6	472 Tabitha Rogers	JR	William Penn	26.74
7	467 Vashansti Glover	FR	William Penn	26.54

Heat 3 of 3 Prelims

1	470 Makailah Kelley	SR	William Penn	26.67
2	135 Renee Finke	JR	Central Methodis	26.21
3	474 Grace Willms	SR	William Penn	27.56
4	321 Nikiwe Mongwe	JR	MidAmerica	23.92
5	473 Alexandra Rose	SR	William Penn	26.55
6	174 Gabrielle Dillard	FR	Clarke	25.92
7	15 Jailah Robinson	JR	Baker	NT

Event 4 Women 400 Meter Dash

Lane	Name	Yr	School	Seed Time
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Section 1 of 3 Finals

2	245 Grace Testerman	SO	Graceland	1:10.51
3	280 Victoria Perales	SO	Grand View	1:03.83
4	188 Lena Wilson	FR	Clarke	1:03.46
5	63 Malena Hines	FR	Benedictine	1:03.68
6	211 Malia Carmack	SO	Culver-Stockton	1:04.79

Section 2 of 3 Finals

1	271 Christella Luyeye	JR	Grand View	1:03.32
2	136 Carter Hawkins	JR	Central Methodis	1:02.89
3	389 Brooklyn Johnson	SO	Mount Mercy	1:01.87
4	175 Samantha Fowler	FR	Clarke	1:01.22
5	77 Antonia Smith	SO	Benedictine	1:01.40
6	322 Janiah Nicholson	JR	MidAmerica	1:02.15
7	470 Makailah Kelley	SR	William Penn	1:03.19
8	437 Hope Klamm	SO	Park	1:03.29

Section 3 of 3 Finals

1	314 Alex Gere	FR	MidAmerica	1:00.68
2	328 Daizy Solir	JR	MidAmerica	59.17
3	49 Alison Ambuul	JR	Benedictine	56.67
4	321 Nikiwe Mongwe	JR	MidAmerica	53.30
5	131 Darly Camilo-Montenegr	SR	Central Methodis	55.59
6	313 Lakin Essex	FR	MidAmerica	59.11
7	444 Grace Pearson	FR	Park	59.60
8	284 Neomi Sidique	SR	Grand View	59.98

Event 6 Women 800 Meter Run

Lane	Name	Yr	School	Seed Time
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Section 1 of 3 Finals

2	216 Morgan Keith	FR	Culver-Stockton	2:38.20
3	10 Jana Landreth	SO	Baker	2:36.66
4	469 Elizabeth Hele	SR	William Penn	2:32.10
5	275 Faith Neeley	SO	Grand View	2:34.69
6	173 Keona Coleman	FR	Clarke	2:37.16
7	274 Kylie Muecke	SO	Grand View	NT

Section 2 of 3 Finals

1	353 Jozelynn Bostick	FR	Missouri Valley	2:31.46
2	270 Liberty Leis	JR	Grand View	2:28.78
3	331 Justine Wheeler	SR	MidAmerica	2:28.12
4	443 Destiny Pearson	FR	Park	2:26.58
5	72 Emilie Nelson	SO	Benedictine	2:27.58
6	81 Catherine Starrs	SO	Benedictine	2:28.39
7	71 Siena Michael	SO	Benedictine	2:29.18
8	8 Natalie Kennedy	FR	Baker	2:29.34

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Section 3 of 3 Finals...(Event 6 Women 800 Meter Run)

1	17 Rachel Sterner	JR Baker	2:25.32
2	179 Megan Hageman	FR Clarke	2:22.54
3	53 Gemma Downey	JR Benedictine	2:21.41
4	220 Delaney Straus	SO Culver-Stockton	2:14.48
5	384 Corinne Gadiant	JR Mount Mercy	2:20.70
6	64 Josie Jansen	FR Benedictine	2:22.43
7	57 Mary Cate Golden	JR Benedictine	2:25.14
8	325 Casandra Reyes	SO MidAmerica	2:25.19

Event 7 Women 1500 Meter Run

Lane	Name	Yr School	Seed Time
Section 1 of 2 Finals			
1	270 Liberty Leis	JR Grand View	5:08.24
2	8 Natalie Kennedy	FR Baker	5:08.48
3	81 Catherine Starrs	SO Benedictine	5:11.80
4	353 Jozelynn Bostick	FR Missouri Valley	5:13.96
5	463 Briana Admire	FR William Penn	5:18.32
6	13 Peyton Peterson	SO Baker	5:22.47
7	468 Charlotte Hele	FR William Penn	5:26.35
8	275 Faith Neeley	SO Grand View	5:26.46
9	466 Roselaure Fuller	JR William Penn	5:35.80

Section 2 of 2 Finals

1	171 Rory Bickler	JR Clarke	4:48.17
2	220 Delaney Straus	SO Culver-Stockton	4:48.24
3	69 Julia McLaughlin	JR Benedictine	4:52.99
4	179 Megan Hageman	FR Clarke	4:56.04
5	53 Gemma Downey	JR Benedictine	4:56.05
6	394 J'Lyn Knutson	JR Mount Mercy	4:58.03
7	384 Corinne Gadiant	JR Mount Mercy	5:01.39
8	64 Josie Jansen	FR Benedictine	5:01.90
9	72 Emilie Nelson	SO Benedictine	5:08.16

Event 10 Women 5000 Meter Run

Lane	Name	Yr School	Seed Time
Section 1 of 1 Finals			
1	171 Rory Bickler	JR Clarke	18:03.52
2	73 Natasha Ortiz	SR Benedictine	18:06.03
3	393 Abby Knepper	FR Mount Mercy	18:22.32
4	394 J'Lyn Knutson	JR Mount Mercy	18:28.74
5	69 Julia McLaughlin	JR Benedictine	18:42.02
6	176 Jaycie Franco	JR Clarke	18:46.17
7	48 Catherine Aaron	SO Benedictine	18:47.05
8	75 Mary Rolwes	SR Benedictine	18:49.72
9	398 Kayla Overton	SO Mount Mercy	18:54.53
10	83 Helen Ullrich	FR Benedictine	19:01.01
11	4 Haley Carter	SO Baker	19:05.56
12	66 Alexa Lamb	SO Benedictine	19:12.38
13	382 Jessa Day	JR Mount Mercy	19:19.54
14	281 Kalin Rotzoll	SO Grand View	19:28.90
15	70 Lily Menghini	SR Benedictine	19:33.55
16	1 Brooke Allen	SR Baker	19:59.49
17	396 Ariana Lopez	JR Mount Mercy	20:10.54
18	277 Avery O'Rourke	FR Grand View	20:22.09
19	353 Jozelynn Bostick	FR Missouri Valley	20:23.11
20	86 Emily Zoque	SO Benedictine	20:27.07
21	2 Ellie Barnard	SO Baker	20:48.68
22	184 Lydia Radeke	JR Clarke	20:48.80
23	221 Faith Younce	JR Culver-Stockton	20:59.50
24	217 Allison Morris	SR Culver-Stockton	21:08.45

Event 11 Women 10000 Meter Run

Lane	Name	Yr School	Seed Time
Section 1 of 1 Finals			
1	171 Rory Bickler	JR Clarke	38:15.55
2	4 Haley Carter	SO Baker	40:17.53
3	75 Mary Rolwes	SR Benedictine	42:20.92
4	2 Ellie Barnard	SO Baker	42:23.74
5	48 Catherine Aaron	SO Benedictine	42:54.75
6	235 Mickenzie Fisher	JR Graceland	43:09.95
7	217 Allison Morris	SR Culver-Stockton	43:45.87
8	70 Lily Menghini	SR Benedictine	45:21.05
9	221 Faith Younce	JR Culver-Stockton	45:51.90
10	233 Alissa Caruso	FR Graceland	46:01.67
11	79 Jessie Sonnen	SR Benedictine	47:54.79
12	1 Brooke Allen	SR Baker	NT
13	433 McKenzie Carty	SO Park	NT
14	184 Lydia Radeke	JR Clarke	NT
15	378 Emma Althoff	FR Mount Mercy	NT
16	388 Ruth Jennings	SO Mount Mercy	NT
17	73 Natasha Ortiz	SR Benedictine	NT

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Event 2 Women 100 Meter Hurdles

Lane	Name	Yr	School	Seed Time
Heat 1 of 3 Prelims				
1	12 Makenna Longacre	SO	Baker	16.67
2	67 Cayna Love	JR	Benedictine	16.01
3	445 Shanai Sweeting	SO	Park	15.01
4	68 Liberty Lyon	FR	Benedictine	18.26
5	285 Addisyn Terpstra	FR	Grand View	14.44
6	241 Jacey Lewis	JR	Graceland	16.00
Heat 2 of 3 Prelims				
1	240 Maryleslie Javier	SR	Graceland	18.51
2	172 Brei Christoffer	FR	Clarke	15.51
3	327 LaShae Smith	JR	MidAmerica	15.13
4	395 Annie Leopold	SR	Mount Mercy	16.04
5	168 Keara Arnold	FR	Clarke	16.59
6	138 Kailey Johnson	SR	Central Methodis	14.38
Heat 3 of 3 Prelims				
3	74 Addisynn Riley	JR	Benedictine	15.26
4	244 Amelia Nyambuka	FR	Graceland	16.56
5	357 Federica Gammarota	SO	Missouri Valley	16.58
6	437 Hope Klamm	SO	Park	15.46
7	135 Renee Finke	JR	Central Methodis	14.30

Event 5 Women 400 Meter Hurdles

Lane	Name	Yr	School	Seed Time
Section 1 of 2 Finals				
1	445 Shanai Sweeting	SO	Park	1:21.75
2	68 Liberty Lyon	FR	Benedictine	1:14.65
3	360 Emily Lechuga	SO	Missouri Valley	1:13.03
4	11 Rylee Lansdown	FR	Baker	1:10.31
5	241 Jacey Lewis	JR	Graceland	1:11.64
6	12 Makenna Longacre	SO	Baker	1:13.16
7	219 Zoi Smith	SO	Culver-Stockton	1:18.55
8	78 Marykathryn Smith	FR	Benedictine	1:21.36
Section 2 of 2 Finals				
2	437 Hope Klamm	SO	Park	1:08.53
3	134 Yanira Deana Paninka	SO	Central Methodis	1:03.60
4	49 Alison Ambuul	JR	Benedictine	1:02.48
5	67 Cayna Love	JR	Benedictine	1:02.96
6	357 Federica Gammarota	SO	Missouri Valley	1:07.50
7	138 Kailey Johnson	SR	Central Methodis	1:08.75
8	285 Addisyn Terpstra	FR	Grand View	1:10.03

Event 8 Women 3000 Meter Steeplechase

Lane	Name	Yr	School	Seed Time
Section 1 of 1 Finals				
1	393 Abby Knepper	FR	Mount Mercy	11:31.46
2	73 Natasha Ortiz	SR	Benedictine	11:34.22
3	83 Helen Ullrich	FR	Benedictine	12:01.58
4	176 Jaycie Franco	JR	Clarke	12:02.79
5	353 Jozelynn Bostick	FR	Missouri Valley	12:08.09
6	382 Jessa Day	JR	Mount Mercy	12:19.74
7	10 Jana Landreth	SO	Baker	12:31.44
8	221 Faith Younce	JR	Culver-Stockton	12:42.34
9	277 Avery O'Rourke	FR	Grand View	12:58.01
10	70 Lily Menghini	SR	Benedictine	13:00.93
11	66 Alexa Lamb	SO	Benedictine	13:01.14
12	399 Abby Rinderknecht	SO	Mount Mercy	13:08.56
13	217 Allison Morris	SR	Culver-Stockton	13:19.12
14	238 Caitlin Grover	FR	Graceland	13:42.09
15	282 Melody Ruelle	SR	Grand View	14:04.77
16	210 Emma Berry	FR	Culver-Stockton	14:12.68

Event 12 Women 4x100 Meter Relay

Lane	Team	Relay	Seed Time
Section 1 of 2 Finals			
3	Baker	A	NT
4	Mount Mercy	A	51.40
5	Missouri Valley	A	52.11
Section 2 of 2 Finals			
1	Clarke	A	50.20
2	MidAmerica	A	49.28
3	Central Methodis	A	48.77
4	William Penn	A	48.68
5	Park	A	48.74
6	Benedictine	A	49.25
7	Grand View	A	49.44
8	Graceland	A	50.09

Event 13 Women 4x400 Meter Relay

Lane	Team	Relay	Seed Time
Section 1 of 2 Finals			
3	Graceland	A	4:34.28
4	Culver-Stockton	A	4:28.78
5	William Penn	A	4:31.23
6	Baker	A	NT
Section 2 of 2 Finals			
1	Missouri Valley	A	4:17.61
2	Mount Mercy	A	4:09.05
3	Central Methodis	A	4:01.03
4	MidAmerica	A	3:53.18
5	Benedictine	A	3:55.21
6	Park	A	4:07.27
7	Grand View	A	4:10.46
8	Clarke	A	4:14.32

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Event 14 Women 4x800 Meter Relay

Lane	Team	Relay	Seed Time
Section 1 of 1 Finals			
1	Benedictine	A	9:36.37
2	MidAmerica	A	9:59.55
3	Grand View	A	10:16.59
4	Park	A	10:50.85
5	Culver-Stockton	A	11:18.42
6	Central Methodist	A	11:24.71
7	Mount Mercy	A	NT
8	Baker	A	NT
9	Clarke	A	NT
10	William Penn	A	NT

Event 15 Women High Jump

Pos	Name	Yr	School	Seed Mark
Flight 1 of 1 Finals				
1	242 Deniyah Lockman	FR	Graceland	1.36m
2	62 Madison Helten	FR	Benedictine	1.45m
3	385 Haley Hartshorne	JR	Mount Mercy	1.46m
4	355 Emily Dolberry	FR	Missouri Valley	1.50m
5	377 Lenise Addison	FR	Mount Mercy	1.51m
6	272 Avril Maughan	SO	Grand View	1.55m
7	327 LaShae Smith	JR	MidAmerica	1.55m
8	237 Sidney Gilliland	JR	Graceland	1.56m
9	51 Maria Connealy	FR	Benedictine	1.56m
10	317 Carly Lindenmeyer	SR	MidAmerica	1.57m
11	309 Maddi Baker	FR	MidAmerica	1.57m
12	329 Taryn St. Clair	FR	MidAmerica	1.57m
13	139 Delaney Miller	SR	Central Methodist	1.69m
14	135 Renee Finke	JR	Central Methodist	1.72m

Event 16 Women Pole Vault

Pos	Name	Yr	School	Seed Mark
Flight 1 of 1 Finals				
1	12 Makenna Longacre	SO	Baker	2.15m
2	211 Malia Carmack	SO	Culver-Stockton	2.20m
3	168 Keara Arnold	FR	Clarke	2.50m
4	364 Alexis Neff	FR	Missouri Valley	2.55m
5	278 Anna Paul	JR	Grand View	2.60m
6	352 Samantha Bitz	JR	Missouri Valley	2.72m
7	170 Malia Beich	SO	Clarke	2.75m
8	215 Kinlie Judd	FR	Culver-Stockton	2.75m
9	142 Amara Reichert	SR	Central Methodist	2.80m
10	183 Autumn McLaughlin	JR	Clarke	2.90m
11	219 Zoi Smith	SO	Culver-Stockton	2.95m
12	76 Samantha Rosga	JR	Benedictine	2.95m
13	84 Naomi Welsh	FR	Benedictine	2.95m
14	178 Emma Grant	JR	Clarke	3.05m
15	400 Carla Santos	SO	Mount Mercy	3.15m
16	181 Evelyn Lee	FR	Clarke	3.35m
17	187 Grace Squires	SO	Clarke	3.35m

Event 17 Women Long Jump

Pos	Name	Yr	School	Seed Mark
Flight 1 of 2 Finals				
1	442 Dawn McIntyre	SO	Park	5.21m
2	236 Ambar Fulgencio	SO	Graceland	4.99m
3	175 Samantha Fowler	FR	Clarke	5.10m
4	211 Malia Carmack	SO	Culver-Stockton	4.62m
5	62 Madison Helten	FR	Benedictine	5.10m
6	329 Taryn St. Clair	FR	MidAmerica	5.01m
7	178 Emma Grant	JR	Clarke	4.99m
8	445 Shanai Sweeting	SO	Park	4.74m
9	214 Petra Johnson	FR	Culver-Stockton	5.05m
Flight 2 of 2 Finals				
1	9 Naomi Kilson	SR	Baker	5.56m
2	315 Reanna Green	JR	MidAmerica	5.65m
3	327 LaShae Smith	JR	MidAmerica	5.48m
4	318 Hayley Loewen	SO	MidAmerica	5.30m
5	312 Nala Burns	SO	MidAmerica	5.57m
6	389 Brooklyn Johnson	SO	Mount Mercy	5.38m
7	317 Carly Lindenmeyer	SR	MidAmerica	5.69m
8	464 Abigaille Batu-Tiako	SR	William Penn	5.65m
9	239 Trinity Hancock	FR	Graceland	5.22m

Event 18 Women Triple Jump

Pos	Name	Yr	School	Seed Mark
Flight 1 of 1 Finals				
1	239 Trinity Hancock	FR	Graceland	10.37m
2	51 Maria Connealy	FR	Benedictine	11.01m
3	14 Alejandra Reyes	SO	Baker	ND
4	186 Gracee Roig	FR	Clarke	9.56m
5	355 Emily Dolberry	FR	Missouri Valley	9.46m
6	326 Jasmine Roland	JR	MidAmerica	9.21m
7	62 Madison Helten	FR	Benedictine	10.97m
8	315 Reanna Green	JR	MidAmerica	11.02m
9	242 Deniyah Lockman	FR	Graceland	9.91m
10	132 Claireece Cross	FR	Central Methodist	11.55m
11	133 Emma Deana Paninka	SO	Central Methodist	10.78m
12	318 Hayley Loewen	SO	MidAmerica	11.84m
13	135 Renee Finke	JR	Central Methodist	10.64m
14	316 Ryleigh Hayes	FR	MidAmerica	9.28m
15	389 Brooklyn Johnson	SO	Mount Mercy	11.06m
16	244 Amelia Nyambuka	FR	Graceland	10.43m

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Event 19 Women Shot Put

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 2 Finals					
1	392 Grace Kelley	SO	Mount Mercy		10.82m
2	361 Kylie Linson	JR	Missouri Valley		11.02m
3	402 Jaclyn Wooldridge	SO	Mount Mercy		10.47m
4	268 April Czarnecki	SR	Grand View		11.64m
5	55 Elizabeth Geist	SO	Benedictine		10.89m
6	383 Natalie DeFord	FR	Mount Mercy		11.08m
7	213 Faith Hopgood	FR	Culver-Stockton		10.68m
8	311 Caley Blosser	JR	MidAmerica		11.59m
9	273 Carolyn Miller	FR	Grand View		11.46m
10	243 Bahati Nabindu	JR	Graceland		11.28m
11	401 Alyssa Striegel	JR	Mount Mercy		11.55m
12	386 Olivia Herring	JR	Mount Mercy		10.70m

Flight 2 of 2 Finals

1	471 Erica Martin	SR	William Penn		13.69m
2	310 Laurel Barber	SR	MidAmerica		13.36m
3	246 Kady Vandemark	SO	Graceland		12.74m
4	365 Paula Romero Rodriguez	JR	Missouri Valley		11.73m
5	397 Bre Nail	SR	Mount Mercy		13.32m
6	319 Victoria Lotz	JR	MidAmerica		12.77m
7	269 Madison Green	SR	Grand View		12.43m
8	465 Phoebe Burt	JR	William Penn		12.43m
9	380 Ava Conrad	JR	Mount Mercy		13.23m
10	391 Ellen Kangas	JR	Mount Mercy		12.49m
11	144 Karli Wolfe	SR	Central Methodis		12.30m
12	127 Baylee Beard	SO	Central Methodis		13.48m

Event 20 Women Discus Throw

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 2 Finals					
1	383 Natalie DeFord	FR	Mount Mercy		34.31m
2	218 Donny Sharp	JR	Culver-Stockton		35.75m
3	213 Faith Hopgood	FR	Culver-Stockton		32.13m
4	386 Olivia Herring	JR	Mount Mercy		35.21m
5	359 Isabella Kulenkamp	FR	Missouri Valley		34.11m
6	80 Paulina Sroka	FR	Benedictine		34.39m
7	365 Paula Romero Rodriguez	JR	Missouri Valley		35.97m
8	273 Carolyn Miller	FR	Grand View		35.72m
9	439 Naliyah Landrum	SR	Park		33.71m
10	141 Victoria Olivarez	SR	Central Methodis		36.53m
11	265 Mia Allmon	SO	Grand View		36.45m
12	266 Hannah Brandt	SO	Grand View		33.82m

Flight 2 of 2 Finals

1	269 Madison Green	SR	Grand View		46.19m
2	380 Ava Conrad	JR	Mount Mercy		45.09m
3	431 Kennise Anderson	JR	Park		37.81m
4	391 Ellen Kangas	JR	Mount Mercy		42.32m
5	6 Colbie Fairley	SR	Baker		39.49m
6	465 Phoebe Burt	JR	William Penn		44.10m
7	144 Karli Wolfe	SR	Central Methodis		44.73m
8	246 Kady Vandemark	SO	Graceland		40.23m
9	392 Grace Kelley	SO	Mount Mercy		40.03m
10	129 Kali Brown	SO	Central Methodis		42.38m
11	319 Victoria Lotz	JR	MidAmerica		47.21m
12	401 Alyssa Striegel	JR	Mount Mercy		42.35m
13	61 Alyssa Hall	JR	Benedictine		37.56m

Event 22 Women Hammer Throw

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 3 Finals					
1	6 Colbie Fairley	SR	Baker		40.65m
2	212 Teya Hawkins	JR	Culver-Stockton		32.20m
3	273 Carolyn Miller	FR	Grand View		ND
4	380 Ava Conrad	JR	Mount Mercy		42.11m
5	471 Erica Martin	SR	William Penn		40.77m
6	465 Phoebe Burt	JR	William Penn		39.23m
7	218 Donny Sharp	JR	Culver-Stockton		40.87m
8	52 Ava De Santos	FR	Benedictine		26.95m
9	351 Macie Ables	JR	Missouri Valley		38.78m

Flight 2 of 3 Finals

1	365 Paula Romero Rodriguez	JR	Missouri Valley		46.06m
2	401 Alyssa Striegel	JR	Mount Mercy		44.46m
3	169 Marlie Beauchem	JR	Clarke		42.61m
4	431 Kennise Anderson	JR	Park		45.10m
5	361 Kylie Linson	JR	Missouri Valley		42.69m
6	390 Jzonei Jones	SR	Mount Mercy		43.80m
7	397 Bre Nail	SR	Mount Mercy		45.42m
8	129 Kali Brown	SO	Central Methodis		43.23m
9	265 Mia Allmon	SO	Grand View		44.05m

Flight 3 of 3 Finals

1	246 Kady Vandemark	SO	Graceland		47.38m
2	144 Karli Wolfe	SR	Central Methodis		50.94m
3	269 Madison Green	SR	Grand View		53.62m
4	127 Baylee Beard	SO	Central Methodis		54.92m
5	319 Victoria Lotz	JR	MidAmerica		55.46m
6	268 April Czarnecki	SR	Grand View		46.79m
7	61 Alyssa Hall	JR	Benedictine		46.92m
8	439 Naliyah Landrum	SR	Park		49.40m
9	311 Caley Blosser	JR	MidAmerica		46.69m

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Event 21 Women Javelin Throw

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 2 Finals					
1	76 Samantha Rosga	JR	Benedictine	29.31m	
2	135 Renee Finke	JR	Central Methodist	30.84m	
3	320 Ella Margheim	SO	MidAmerica	29.74m	
4	279 Alexis Penning	SO	Grand View	ND	
5	386 Olivia Herring	JR	Mount Mercy	27.35m	
6	283 Mickey Seely	FR	Grand View	26.75m	
7	243 Bahati Nabindu	JR	Graceland	26.63m	
8	245 Grace Testerman	SO	Graceland	29.30m	
9	172 Brei Christoffer	FR	Clarke	32.16m	
10	354 Sydnei Cummings	FR	Missouri Valley	26.78m	

Flight 2 of 2 Finals

1	182 Isabelle Matthews	SO	Clarke	33.64m	
2	56 Grace Godard	SO	Benedictine	38.08m	
3	324 Nora Powers	FR	MidAmerica	43.84m	
4	387 Abby Hill	JR	Mount Mercy	38.67m	
5	310 Laurel Barber	SR	MidAmerica	41.10m	
6	85 Mary Whiteside	FR	Benedictine	34.95m	
7	127 Baylee Beard	SO	Central Methodist	36.38m	
8	140 Baileigh Morris	JR	Central Methodist	35.17m	
9	58 Brigid Gormley	FR	Benedictine	33.63m	
10	5 Julie Coffey	SO	Baker	39.13m	

Event 23 Heptathlon: #4 Women 200 Meter Dash

Lane	Name	Yr	School	Seed	Time
Section 1 of 2 Finals					
3	50 Anna Campbell	SO	Benedictine	NT	
4	177 Kaiya Gonzalez	FR	Clarke	NT	
5	182 Isabelle Matthews	SO	Clarke	NT	
6	309 Maddi Baker	FR	MidAmerica	NT	
Section 2 of 2 Finals					
2	185 Anyah Ranson	SO	Clarke	NT	
3	128 Haley Bellamy	SO	Central Methodist	NT	
4	180 Annemarie Koerner	FR	Clarke	NT	
5	220 Delaney Straus	SO	Culver-Stockton	NT	
6	51 Maria Connealy	FR	Benedictine	NT	

Event 23 Heptathlon: #7 Women 800 Meter Run

Lane	Name	Yr	School	Seed	Time
Section 1 of 1 Finals					
1	220 Delaney Straus	SO	Culver-Stockton	NT	
2	128 Haley Bellamy	SO	Central Methodist	NT	
3	180 Annemarie Koerner	FR	Clarke	NT	
4	182 Isabelle Matthews	SO	Clarke	NT	
5	309 Maddi Baker	FR	MidAmerica	NT	
6	177 Kaiya Gonzalez	FR	Clarke	NT	
7	185 Anyah Ranson	SO	Clarke	NT	
8	51 Maria Connealy	FR	Benedictine	NT	
9	50 Anna Campbell	SO	Benedictine	NT	

Event 23 Heptathlon: #1 Women 100 Meter Hurdles

Lane	Name	Yr	School	Seed	Time
Section 1 of 3 Finals					
1	50 Anna Campbell	SO	Benedictine	NT	
3	51 Maria Connealy	FR	Benedictine	NT	
5	182 Isabelle Matthews	SO	Clarke	NT	
Section 2 of 3 Finals					
1	185 Anyah Ranson	SO	Clarke	NT	
3	220 Delaney Straus	SO	Culver-Stockton	NT	
5	177 Kaiya Gonzalez	FR	Clarke	NT	
Section 3 of 3 Finals					
1	309 Maddi Baker	FR	MidAmerica	NT	
3	128 Haley Bellamy	SO	Central Methodist	NT	
5	180 Annemarie Koerner	FR	Clarke	NT	

Event 23 Heptathlon: #2 Women High Jump

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 1 Finals					
1	180 Annemarie Koerner	FR	Clarke	NH	
2	128 Haley Bellamy	SO	Central Methodist	NH	
3	309 Maddi Baker	FR	MidAmerica	NH	
4	185 Anyah Ranson	SO	Clarke	NH	
5	177 Kaiya Gonzalez	FR	Clarke	NH	
6	51 Maria Connealy	FR	Benedictine	NH	
7	50 Anna Campbell	SO	Benedictine	NH	
8	182 Isabelle Matthews	SO	Clarke	NH	
9	220 Delaney Straus	SO	Culver-Stockton	NH	

Event 23 Heptathlon: #5 Women Long Jump

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 1 Finals					
1	180 Annemarie Koerner	FR	Clarke	ND	
2	177 Kaiya Gonzalez	FR	Clarke	ND	
3	185 Anyah Ranson	SO	Clarke	ND	
4	220 Delaney Straus	SO	Culver-Stockton	ND	
5	51 Maria Connealy	FR	Benedictine	ND	
6	182 Isabelle Matthews	SO	Clarke	ND	
7	50 Anna Campbell	SO	Benedictine	ND	
8	128 Haley Bellamy	SO	Central Methodist	ND	
9	309 Maddi Baker	FR	MidAmerica	ND	

Event 23 Heptathlon: #3 Women Shot Put

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 1 Finals					
1	309 Maddi Baker	FR	MidAmerica	ND	
2	177 Kaiya Gonzalez	FR	Clarke	ND	
3	50 Anna Campbell	SO	Benedictine	ND	
4	128 Haley Bellamy	SO	Central Methodist	ND	
5	220 Delaney Straus	SO	Culver-Stockton	ND	
6	182 Isabelle Matthews	SO	Clarke	ND	
7	185 Anyah Ranson	SO	Clarke	ND	
8	51 Maria Connealy	FR	Benedictine	ND	
9	180 Annemarie Koerner	FR	Clarke	ND	

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Event 23 Heptathlon: #6 Women Javelin Throw

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 1 Finals					
1	220 Delaney Straus	SO	Culver-Stockton		ND
2	182 Isabelle Matthews	SO	Clarke		ND
3	50 Anna Campbell	SO	Benedictine		ND
4	51 Maria Connealy	FR	Benedictine		ND
5	309 Maddi Baker	FR	MidAmerica		ND
6	177 Kaiya Gonzalez	FR	Clarke		ND
7	128 Haley Bellamy	SO	Central Methodis		ND
8	180 Annemarie Koerner	FR	Clarke		ND
9	185 Anyah Ranson	SO	Clarke		ND

Event 9 Women 5000 Meter Race Walk

Lane	Name	Yr	School	Seed	Time
Section 1 of 1 Finals					
1	140 Baileigh Morris	JR	Central Methodis	27:29.21	
2	217 Allison Morris	SR	Culver-Stockton	27:56.22	
3	221 Faith Younce	JR	Culver-Stockton	28:16.70	
4	387 Abby Hill	JR	Mount Mercy	29:56.29	
5	65 Leah Kuhn	FR	Benedictine	35:45.40	
6	18 Haley Thompson	SO	Baker	37:16.03	
7	7 Kiley Hawk	JR	Baker	37:47.65	
8	54 Anna Frerker	SR	Benedictine	43:19.87	
9	60 Kaleigh Griffith	FR	Benedictine		NT
10	235 Mickenzie Fisher	JR	Graceland		NT
11	142 Amara Reichert	SR	Central Methodis		NT

Event 24 Men 100 Meter Dash

Lane	Name	Yr	School	Seed	Time
Heat 1 of 3 Prelims					
1	403 Ceonda Adams	SO	Mount Mercy	10.87	
2	264 Tymar West	JR	Graceland	11.47	
3	163 Adam Trachsel	JR	Central Methodis	10.90	
4	479 Tahj Ferguson	SR	William Penn	11.07	
5	193 Brody Deitering	SO	Clarke	11.02	
6	343 Aaron Kilbert	SO	MidAmerica	10.66	
7	430 Breon Wade	SO	Mount Mercy	10.48	
Heat 2 of 3 Prelims					
1	95 Blue Caplinger	JR	Benedictine	10.87	
2	254 Malachi Heywood	SO	Graceland	10.96	
3	346 Jatavion Pegues	FR	MidAmerica	11.10	
4	296 Russell Lamar-Nelson	FR	Grand View	10.90	
5	490 Bennett Polite	JR	William Penn	11.27	
6	205 Gavayne Smith	SO	Clarke	10.71	
7	481 Showalter Johnson	JR	William Penn	10.37	

Heat 3 of 3 Prelims

1	475 Rayan Antonia	SO	William Penn	11.26
2	258 Kaeden Monday	FR	Graceland	10.94
3	367 Chase Buford	SO	Missouri Valley	11.16
4	260 Robert Robinson	JR	Graceland	10.96
5	194 Jake Etherington	FR	Clarke	10.78
6	429 Keegan Thompson	JR	Mount Mercy	10.74
7	145 Christopher Adekoya	SO	Central Methodis	10.32

Event 26 Men 200 Meter Dash

Lane	Name	Yr	School	Seed	Time
Heat 1 of 3 Prelims					
1	475 Rayan Antonia	SO	William Penn	23.59	
2	490 Bennett Polite	JR	William Penn	22.62	
3	254 Malachi Heywood	SO	Graceland	22.48	
4	429 Keegan Thompson	JR	Mount Mercy	21.53	
5	148 Caleb Cody-Jackson	FR	Central Methodis	21.93	
6	264 Tymar West	JR	Graceland	23.43	
7	403 Ceonda Adams	SO	Mount Mercy	21.95	
8	481 Showalter Johnson	JR	William Penn	21.40	

Heat 2 of 3 Prelims

1	496 John Webb	FR	William Penn	22.09
2	205 Gavayne Smith	SO	Clarke	21.91
3	231 Judah Rivers	SO	Culver-Stockton	22.65
4	346 Jatavion Pegues	FR	MidAmerica	22.46
5	343 Aaron Kilbert	SO	MidAmerica	21.38
6	260 Robert Robinson	JR	Graceland	21.56
7	286 Ardadi Adum	SO	Grand View	23.28

Heat 3 of 3 Prelims

1	371 Al'zaveon Harris	FR	Missouri Valley	22.87
2	338 Tyler Bussey	SR	MidAmerica	22.30
3	425 Jordan Schroeder	SR	Mount Mercy	21.63
4	95 Blue Caplinger	JR	Benedictine	22.15
5	47 Trot Wood	FR	Baker	21.90
6	339 Myles Ellis	JR	MidAmerica	21.10
7	292 Ezra Denny	JR	Grand View	22.82

Event 27 Men 400 Meter Dash

Lane	Name	Yr	School	Seed	Time
Section 1 of 3 Finals					
2	286 Ardadi Adum	SO	Grand View		NT
3	23 Alexander Claessens	JR	Baker		52.05
4	231 Judah Rivers	SO	Culver-Stockton		51.64
5	482 Jaden Loveless	SO	William Penn		51.89
6	457 Benjamin Preston	SR	Park		54.18
7	36 Mario Marsetti	JR	Baker		NT

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Section 2 of 3 Finals...(Event 27 Men 400 Meter Dash)

1	375 Derel Morris	FR	Missouri Valley	51.44
2	347 Blake Poje	JR	MidAmerica	50.69
3	111 Joshua Lacroix	FR	Benedictine	50.51
4	449 Shemar Caines	FR	Park	50.08
5	292 Ezra Denny	JR	Grand View	50.30
6	496 John Webb	FR	William Penn	50.55
7	345 Nathan Parker	SR	MidAmerica	51.14
8	371 Al'zaveon Harris	FR	Missouri Valley	51.38

Section 3 of 3 Finals

1	425 Jordan Schroeder	SR	Mount Mercy	50.03
2	95 Blue Caplinger	JR	Benedictine	49.51
3	148 Caleb Cody-Jackson	FR	Central Methodist	49.04
4	339 Myles Ellis	JR	MidAmerica	46.92
5	47 Trot Wood	FR	Baker	48.90
6	164 Adrian Watson	SR	Central Methodist	49.42
7	201 Joshua Musonda	SO	Clarke	49.73
8	349 Raysean Thomas	JR	MidAmerica	49.92

Event 29 Men 800 Meter Run

Lane	Name	Yr	School	Seed Time
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Section 1 of 4 Finals

3	460 Ian Walsh	SO	Park	2:05.44
4	198 Bryce Kondos	SO	Clarke	2:01.18
5	202 Cord Nietert	FR	Clarke	2:01.58
6	290 Jake Buchholtz	FR	Grand View	NT

Section 2 of 4 Finals

1	190 Chesney Capron	FR	Clarke	2:00.92
2	45 Jaden Vohs	SO	Baker	1:59.13
3	409 Brady Cortez	SO	Mount Mercy	1:59.07
4	336 Bret Bourquin	JR	MidAmerica	1:59.03
5	335 TJ Bessmer	SO	MidAmerica	1:59.05
6	195 Kole Haverly	JR	Clarke	1:59.07
7	19 Wyatt Allen	SR	Baker	1:59.59
8	484 Andrew Miller	FR	William Penn	2:00.31

Section 3 of 4 Finals

1	461 Thore Wegner	FR	Park	1:58.53
2	165 Quest Weller	JR	Central Methodist	1:57.72
3	291 Isaac Davis	SR	Grand View	1:57.26
4	448 Alexander Caines	SO	Park	1:56.96
5	160 Jack Schiffhauer	SR	Central Methodist	1:57.11
6	109 Philip Joseph	SR	Benedictine	1:57.38
7	93 John Philip Butler	SO	Benedictine	1:58.18
8	410 Ty Costigan	JR	Mount Mercy	1:58.35

Section 4 of 4 Finals

1	480 Jonah Heckenberg	SR	William Penn	1:56.82
2	120 Daniel Rogge	SR	Benedictine	1:56.20
3	498 Brandon Williams	SR	William Penn	1:54.78
4	113 David Mannella	SR	Benedictine	1:54.40
5	154 Doriye Jackson	SR	Central Methodist	1:54.41
6	94 Thomas Campbell	JR	Benedictine	1:55.94
7	117 Jackson Neppl	FR	Benedictine	1:56.48
8	342 Zack Jones	SO	MidAmerica	1:56.54

Event 30 Men 1500 Meter Run

Lane	Name	Yr	School	Seed Time
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Section 1 of 2 Finals

1	109 Philip Joseph	SR	Benedictine	4:08.25
2	453 Tom Kuehnel	FR	Park	4:09.98
3	492 Ethan Varvelo	JR	William Penn	4:10.94
4	34 Davin Johnson	FR	Baker	4:14.08
5	196 Charlie Juntunen	FR	Clarke	4:17.88
6	39 Cutter Meade	FR	Baker	4:25.70
7	22 Donald Chambers	SO	Baker	4:26.89
8	489 Ruben Perez-Rodriguez	SR	William Penn	4:29.25
9	493 Kevin Vazquez	JR	William Penn	4:39.59

Section 2 of 2 Finals

1	113 David Mannella	SR	Benedictine	3:52.11
2	480 Jonah Heckenberg	SR	William Penn	3:56.97
3	344 Ray Kosgei	FR	MidAmerica	4:03.57
4	409 Brady Cortez	SO	Mount Mercy	4:04.63
5	45 Jaden Vohs	SO	Baker	4:05.30
6	157 Meshack Kiptanui	JR	Central Methodist	4:06.71
7	459 Manuel Reyes	SO	Park	4:06.80
8	159 Kyle Newberry	SO	Central Methodist	4:07.91
9	38 Jacob McGlasson	SO	Baker	4:07.99
10	461 Thore Wegner	FR	Park	4:08.00

Event 33 Men 5000 Meter Run

Lane	Name	Yr	School	Seed Time
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Section 1 of 1 Finals

1	87 Joseph Accurso	SO	Benedictine	14:58.79
2	408 Ryan Clancy	SR	Mount Mercy	15:02.44
3	104 Gabriel Friess	JR	Benedictine	15:20.42
4	456 Lukas Mehl	FR	Park	15:20.64
5	477 D'Artagnon Beaver	JR	William Penn	15:21.17
6	113 David Mannella	SR	Benedictine	15:23.50
7	204 Emmett Schwartzhoff	JR	Clarke	15:29.69
8	417 Lukas Lamparek	JR	Mount Mercy	15:32.74
9	200 Daniel Miller	SR	Clarke	15:34.11
10	115 Sebastian Michael	SO	Benedictine	15:34.37
11	94 Thomas Campbell	JR	Benedictine	15:34.56
12	428 Quinn Swift	SO	Mount Mercy	15:37.32
13	24 Anthony Davis	SR	Baker	15:40.47
14	157 Meshack Kiptanui	JR	Central Methodist	15:48.76
15	37 Aidan Massey	JR	Baker	15:49.83
16	340 Riley Glassbrenner	SR	MidAmerica	15:49.98
17	453 Tom Kuehnel	FR	Park	15:50.88
18	459 Manuel Reyes	SO	Park	15:56.00
19	34 Davin Johnson	FR	Baker	15:56.82
20	156 Elvis Kipkosgei	JR	Central Methodist	16:02.39
21	150 Grant Engel	JR	Central Methodist	16:04.86
22	109 Philip Joseph	SR	Benedictine	16:07.65
23	116 Micah Munoz	SO	Benedictine	16:09.35
24	203 Drew Pate	SO	Clarke	16:18.62
25	25 Grayson Fink	FR	Baker	16:19.96
26	227 Logan Lucas	JR	Culver-Stockton	16:24.63

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Event 34 Men 10000 Meter Run

Lane	Name	Yr	School	Seed Time
Section 1 of 1 Finals				
1	37 Aidan Massey	JR	Baker	31:25.19
2	24 Anthony Davis	SR	Baker	32:15.27
3	456 Lukas Mehl	FR	Park	32:16.18
4	150 Grant Engel	JR	Central Methodis	32:41.89
5	204 Emmett Schwartzhoff	JR	Clarke	32:44.47
6	200 Daniel Miller	SR	Clarke	32:48.67
7	87 Joseph Accurso	SO	Benedictine	33:22.00
8	252 Logan Harder	SR	Graceland	33:39.53
9	192 Noah Church	SR	Clarke	34:04.14
10	203 Drew Pate	SO	Clarke	34:16.68
11	104 Gabriel Friess	JR	Benedictine	34:41.24
12	191 Eric Chatham	FR	Clarke	34:54.06
13	32 Christopher Jackson	JR	Baker	34:56.91
14	25 Grayson Fink	FR	Baker	35:35.43
15	101 Mark Davied	SR	Benedictine	35:49.24
16	224 Kile Dowd	JR	Culver-Stockton	36:13.91
17	106 Aaron Guzman	JR	Benedictine	36:48.08
18	229 Gannon McNamee	SO	Culver-Stockton	36:53.99
19	196 Charlie Juntunen	FR	Clarke	38:28.68
20	491 Carson Springer	FR	William Penn	NT
21	426 Trey Schulte	FR	Mount Mercy	NT
22	35 Zain Khan	SR	Baker	NT
23	303 Brayan Silva	JR	Grand View	NT
24	149 Zy'Shonne Cowans	SR	Central Methodis	NT
25	373 Evans Kiptoo	FR	Missouri Valley	NT
26	372 Khobi Kellerman	SR	Missouri Valley	NT
27	428 Quinn Swift	SO	Mount Mercy	NT

Event 25 Men 110 Meter Hurdles

Lane	Name	Yr	School	Seed Time
Heat 1 of 3 Prelims				
2	230 Jabez Rivers	JR	Culver-Stockton	14.78
3	31 Isaiah Howard	JR	Baker	14.91
4	90 Will Benson	FR	Benedictine	16.86
5	294 Jeovanni Heyes	FR	Grand View	15.71
6	100 Blake Dapkus	FR	Benedictine	15.78
7	414 Ky Kaufmann	SO	Mount Mercy	16.86
Heat 2 of 3 Prelims				
2	416 Brayden Kolosick	SO	Mount Mercy	16.62
3	488 Tom Nyandoro	JR	William Penn	15.69
4	403 Ceondae Adams	SO	Mount Mercy	14.53
5	110 Gustav Kussman	JR	Benedictine	16.91
6	305 Mason Thompson	JR	Grand View	15.04
7	189 Daniel Adams	FR	Clarke	15.95

Heat 3 of 3 Prelims

2	146 Hunter Cary	JR	Central Methodis	15.20
3	166 Leroy Williams IV	JR	Central Methodis	14.10
4	223 Logan Buck	FR	Culver-Stockton	15.67
5	287 Nathan Black	SO	Grand View	17.56
6	206 Harm Van Den Berkmoort	FR	Clarke	16.42
7	26 Jamesperry Frazier	SO	Baker	16.06
8	96 Pietro Contolini	FR	Benedictine	18.63

Event 28 Men 400 Meter Hurdles

Lane	Name	Yr	School	Seed Time
Section 1 of 3 Finals				
3	96 Pietro Contolini	FR	Benedictine	1:03.68
4	375 Derel Morris	FR	Missouri Valley	1:00.62
5	112 Mitchell Mages	FR	Benedictine	1:02.63
6	121 Max Schadler	SO	Benedictine	1:05.09
Section 2 of 3 Finals				
1	206 Harm Van Den Berkmoort	FR	Clarke	1:00.49
2	256 Dantre Kennybrew	FR	Graceland	59.74
3	90 Will Benson	FR	Benedictine	59.09
4	488 Tom Nyandoro	JR	William Penn	58.38
5	452 Chase Housh	SO	Park	58.76
6	447 Michael Boguslawski	JR	Park	59.41
7	370 Matthew Fisher	FR	Missouri Valley	59.82
8	89 Calvin Benson	SR	Benedictine	1:00.08
Section 3 of 3 Finals				
1	110 Gustav Kussman	JR	Benedictine	57.26
2	294 Jeovanni Heyes	FR	Grand View	55.99
3	146 Hunter Cary	JR	Central Methodis	55.71
4	164 Adrian Watson	SR	Central Methodis	54.96
5	31 Isaiah Howard	JR	Baker	55.50
6	230 Jabez Rivers	JR	Culver-Stockton	55.76
7	262 Alex Tuyu	FR	Graceland	56.59
8	403 Ceondae Adams	SO	Mount Mercy	56.72

Event 31 Men 3000 Meter Steeplechase

Lane	Name	Yr	School	Seed Time
Section 1 of 2 Finals				
1	92 Sam Buerschen	FR	Benedictine	10:34.30
2	303 Brayan Silva	JR	Grand View	10:40.71
3	99 Daniel Crossett	FR	Benedictine	10:45.04
4	259 Moses Ridley	FR	Graceland	10:59.08
5	119 Thomas Peuster	FR	Benedictine	11:20.20
6	103 Matthew Feldkamp	JR	Benedictine	11:20.65
7	28 Jude Graham	JR	Baker	11:25.72
8	226 Chase Lake	SO	Culver-Stockton	11:30.06
9	232 Kenny Tucker	JR	Culver-Stockton	11:31.38
10	102 Joseph Feldkamp	FR	Benedictine	11:34.72
11	453 Tom Kuehnel	FR	Park	NT

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Section 2 of 2 Finals...(Event 31 Men 3000 Meter Steeplechase)

1	477 D'Artañon Beaver	JR	William Penn	9:24.64
2	408 Ryan Clancy	SR	Mount Mercy	9:27.91
3	227 Logan Lucas	JR	Culver-Stockton	9:43.84
4	104 Gabriel Friess	JR	Benedictine	9:46.80
5	94 Thomas Campbell	JR	Benedictine	9:49.68
6	115 Sebastian Michael	SO	Benedictine	9:56.24
7	156 Elvis Kipkosgei	JR	Central Methodis	9:57.41
8	484 Andrew Miller	FR	William Penn	10:01.60
9	32 Christopher Jackson	JR	Baker	10:14.54
10	19 Wyatt Allen	SR	Baker	10:16.15
11	198 Bryce Kondos	SO	Clarke	10:34.13

Event 35 Men 4x100 Meter Relay

Lane	Team	Relay	Seed Time
Section 1 of 2 Finals			
3	Missouri Valley	A	45.28
4	Culver-Stockton	A	43.03
5	Park	A	43.85
6	Baker	A	NT

Section 2 of 2 Finals

1	Grand View	A	43.00
2	Graceland	A	41.82
3	Mount Mercy	A	41.44
4	MidAmerica	A	40.62
5	Central Methodis	A	40.65
6	Clarke	A	41.78
7	William Penn	A	41.85
8	Benedictine	A	42.87

Event 36 Men 4x400 Meter Relay

Lane	Team	Relay	Seed Time
Section 1 of 2 Finals			
3	Clarke	A	3:40.42
4	William Penn	A	3:32.83
5	Culver-Stockton	A	3:33.43
6	Graceland	A	3:41.37

Section 2 of 2 Finals

1	Missouri Valley	A	3:30.95
2	Benedictine	A	3:21.84
3	Park	A	3:21.11
4	MidAmerica	A	3:14.64
5	Mount Mercy	A	3:17.40
6	Central Methodis	A	3:21.28
7	Baker	A	3:24.75
8	Grand View	A	3:24.75

Event 37 Men 4x800 Meter Relay

Lane	Team	Relay	Seed Time
Section 1 of 1 Finals			
1	Benedictine	A	7:46.32
2	Baker	A	8:00.85
3	Park	A	8:05.89
4	Central Methodis	A	8:15.91
5	Grand View	A	8:25.29
6	MidAmerica	A	NT
7	Clarke	A	NT
8	Mount Mercy	A	NT
9	William Penn	A	NT

Event 38 Men High Jump

Pos	Name	Yr	School	Seed Mark
Flight 1 of 1 Finals				
1	490 Bennett Polite	JR	William Penn	1.72m
2	42 McLane Rawie	FR	Baker	1.74m
3	419 Oscar Nielsen	FR	Mount Mercy	1.77m
4	368 Terrill Davis	FR	Missouri Valley	1.82m
5	476 Kwabena Banahene	FR	William Penn	1.85m
6	287 Nathan Black	SO	Grand View	1.85m
7	256 Dantre Kennybrew	FR	Graceland	1.89m
8	411 Cole Eberly	SO	Mount Mercy	1.90m
9	91 Joel Bichelmeyer	FR	Benedictine	1.91m
10	146 Hunter Cary	JR	Central Methodis	1.92m
11	197 Tyler Kell	SO	Clarke	1.95m
12	299 Jayton Poole	SO	Grand View	1.95m
13	155 Viktor Kachalouski	FR	Central Methodis	2.02m
14	300 Isaiah Roundtree	FR	Grand View	2.05m
15	189 Daniel Adams	FR	Clarke	2.13m
16	257 Michael Millsagle	SR	Graceland	2.20m

Event 39 Men Pole Vault

Pos	Name	Yr	School	Seed Mark
Flight 1 of 1 Finals				
1	494 Wyatt Wallingford	FR	William Penn	3.20m
2	411 Cole Eberly	SO	Mount Mercy	3.30m
3	43 Jonathan Ruiz	SO	Baker	3.50m
4	93 John Philip Butler	SO	Benedictine	3.50m
5	193 Brody Deitering	SO	Clarke	3.60m
6	287 Nathan Black	SO	Grand View	3.65m
7	255 Caden Israel	FR	Graceland	3.95m
8	337 Davis Brogan	SO	MidAmerica	3.95m
9	158 Myron Love	FR	Central Methodis	4.10m
10	44 Jackson Stoppel	JR	Baker	4.20m
11	97 Christopher Coyne	FR	Benedictine	4.27m
12	152 Neil Green	SO	Central Methodis	4.30m
13	122 Ben Shonka	JR	Benedictine	4.35m
14	161 Ethan Smith	JR	Central Methodis	4.40m
15	153 Jaxon Hiser	SO	Central Methodis	4.40m

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Event 40 Men Long Jump

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 2 Finals					
1	21 Dontez Carr	SR	Baker		ND
2	414 Ky Kaufmann	SO	Mount Mercy		6.28m
3	100 Blake Dapkus	FR	Benedictine		6.58m
4	369 Mac Dawkins	FR	Missouri Valley		6.43m
5	300 Isaiah Roundtree	FR	Grand View		6.30m
6	486 Jalen Morris	FR	William Penn		6.41m
7	495 Anthony Weaver Jr.	FR	William Penn		6.41m
8	222 Kevin Bryant	JR	Culver-Stockton		5.70m
9	114 Zach Meyer	SR	Benedictine		5.86m
10	485 Micah Mills	FR	William Penn		6.36m
11	264 Tymar West	JR	Graceland		5.74m
Flight 2 of 2 Finals					
1	299 Jayton Poole	SO	Grand View		6.89m
2	341 De'Mario Hanson	SR	MidAmerica		7.18m
3	367 Chase Buford	SO	Missouri Valley		6.90m
4	479 Tahj Ferguson	SR	William Penn		7.03m
5	247 Joseph Alexander	FR	Graceland		7.34m
6	199 Brandon Martin	SR	Clarke		6.66m
7	256 Dantre Kennybrew	FR	Graceland		6.65m
8	405 Carter Bell	SR	Mount Mercy		6.68m
9	450 Ahmad Evans	SO	Park		6.93m
10	42 McLane Rawie	FR	Baker		7.26m
11	349 Raysean Thomas	JR	MidAmerica		6.95m
12	347 Blake Poje	JR	MidAmerica		6.95m

Event 41 Men Triple Jump

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 1 Finals					
1	485 Micah Mills	FR	William Penn		13.56m
2	495 Anthony Weaver Jr.	FR	William Penn		14.45m
3	91 Joel Bichelmeyer	FR	Benedictine		13.15m
4	496 John Webb	FR	William Penn		14.10m
5	251 Adrian Gatlin	SO	Graceland		13.47m
6	262 Alex Tuyo	FR	Graceland		13.08m
7	488 Tom Nyandoro	JR	William Penn		12.52m
8	368 Terrill Davis	FR	Missouri Valley		13.45m
9	256 Dantre Kennybrew	FR	Graceland		12.63m
10	21 Dontez Carr	SR	Baker		13.93m
11	222 Kevin Bryant	JR	Culver-Stockton		11.30m
12	450 Ahmad Evans	SO	Park		13.74m
13	419 Oscar Nielsen	FR	Mount Mercy		9.80m
14	406 Sergio Bernabeu	FR	Mount Mercy		11.65m

Event 42 Men Shot Put

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 2 Finals					
1	301 Ryan Saddler	FR	Grand View		12.97m
2	105 Bryce Gray	FR	Benedictine		11.71m
3	478 Jeremiah Conteh	SR	William Penn		13.03m
4	307 Nathan Wilde	SO	Grand View		13.06m
5	125 Tyler Watson	FR	Benedictine		13.10m
6	407 Levi Byrn	SO	Mount Mercy		12.80m
7	302 Conrad Schoening	FR	Grand View		12.50m
8	420 Alexander Paulson	JR	Mount Mercy		13.35m
9	107 Ja'Kobe Hinton	FR	Benedictine		12.67m
10	422 Omar Salinas	SO	Mount Mercy		13.29m
11	298 Quillian McMurry	FR	Grand View		12.96m
12	304 Caden Sussex	JR	Grand View		12.81m
Flight 2 of 2 Finals					
1	261 Deandre Scott	FR	Graceland		14.09m
2	151 Colder Evans	JR	Central Methodis		16.09m
3	413 Nate Jones	JR	Mount Mercy		13.69m
4	497 Xzavion West	SO	William Penn		13.79m
5	483 Nickolas Marshall	JR	William Penn		14.42m
6	162 Brayton Stephenson	SO	Central Methodis		16.11m
7	487 Steven Murray	SR	William Penn		13.74m
8	27 Kameron Glasper	SR	Baker		14.69m
9	308 Blake Willey	JR	Grand View		16.66m
10	421 Caleb Rutherford	SR	Mount Mercy		15.95m
11	418 Mitchell Miller	SR	Mount Mercy		14.61m
12	20 Jayson Brown	SR	Baker		13.48m
13	123 Edward Swisloski	FR	Benedictine		13.47m

Event 43 Men Discus Throw

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 2 Finals					
1	478 Jeremiah Conteh	SR	William Penn		39.72m
2	350 Gabe Turley	FR	MidAmerica		41.10m
3	298 Quillian McMurry	FR	Grand View		38.00m
4	301 Ryan Saddler	FR	Grand View		38.91m
5	483 Nickolas Marshall	JR	William Penn		38.42m
6	20 Jayson Brown	SR	Baker		39.54m
7	114 Zach Meyer	SR	Benedictine		35.95m
8	46 Caden West	FR	Baker		41.24m
9	253 Luke Hass	FR	Graceland		36.77m
10	107 Ja'Kobe Hinton	FR	Benedictine		38.35m
11	308 Blake Willey	JR	Grand View		40.13m
12	302 Conrad Schoening	FR	Grand View		39.08m

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Flight 2 of 2 Finals...(Event 43 Men Discus Throw)

1	108 Brody Joachims	FR	Benedictine	42.06m
2	497 Xzavion West	SO	William Penn	41.91m
3	151 Colder Evans	JR	Central Methodis	51.18m
4	421 Caleb Rutherford	SR	Mount Mercy	41.92m
5	418 Mitchell Miller	SR	Mount Mercy	48.29m
6	27 Kameron Glasper	SR	Baker	46.82m
7	487 Steven Murray	SR	William Penn	42.00m
8	162 Brayton Stephenson	SO	Central Methodis	42.30m
9	261 Deandre Scott	FR	Graceland	43.01m
10	451 Jaylin Harris	FR	Park	43.12m
11	423 Kaden Schilling	SR	Mount Mercy	42.96m
12	304 Caden Sussex	JR	Grand View	47.24m

Event 45 Men Hammer Throw

Pos	Name	Yr	School	Seed Mark
Flight 1 of 2 Finals				
1	27 Kameron Glasper	SR	Baker	44.06m
2	108 Brody Joachims	FR	Benedictine	41.07m
3	209 Wyatt Wilkins	JR	Clarke	45.83m
4	407 Levi Byrn	SO	Mount Mercy	42.89m
5	487 Steven Murray	SR	William Penn	45.84m
6	334 Kaleb Barbee	JR	MidAmerica	39.10m
7	263 Frankie Vigil	FR	Graceland	ND
8	413 Nate Jones	JR	Mount Mercy	41.16m
9	20 Jayson Brown	SR	Baker	41.78m
10	302 Conrad Schoening	FR	Grand View	39.80m
11	422 Omar Salinas	SO	Mount Mercy	41.27m
12	107 Ja'Kobe Hinton	FR	Benedictine	40.98m
13	46 Caden West	FR	Baker	44.29m

Flight 2 of 2 Finals

1	307 Nathan Wilde	SO	Grand View	56.64m
2	483 Nickolas Marshall	JR	William Penn	54.86m
3	30 Gage Hiebert	SR	Baker	48.36m
4	423 Kaden Schilling	SR	Mount Mercy	52.55m
5	333 Nick Allen	SR	MidAmerica	50.20m
6	418 Mitchell Miller	SR	Mount Mercy	55.09m
7	33 Ryan Jensen	SR	Baker	46.15m
8	421 Caleb Rutherford	SR	Mount Mercy	50.06m
9	497 Xzavion West	SO	William Penn	53.17m
10	308 Blake Willey	JR	Grand View	46.38m
11	151 Colder Evans	JR	Central Methodis	53.89m
12	304 Caden Sussex	JR	Grand View	46.92m
13	478 Jeremiah Conteh	SR	William Penn	50.86m

Event 44 Men Javelin Throw

Pos	Name	Yr	School	Seed Mark
Flight 1 of 2 Finals				
1	27 Kameron Glasper	SR	Baker	43.00m
2	193 Brody Deitering	SO	Clarke	43.84m
3	483 Nickolas Marshall	JR	William Penn	47.90m
4	124 James VanKirk	FR	Benedictine	39.12m
5	108 Brody Joachims	FR	Benedictine	40.18m
6	33 Ryan Jensen	SR	Baker	51.15m
7	250 Cam Edwards	FR	Graceland	39.90m
8	249 Adrian Byrd	FR	Graceland	46.00m
9	304 Caden Sussex	JR	Grand View	26.84m

Flight 2 of 2 Finals

1	167 Evan Workman	JR	Central Methodis	51.61m
2	404 Morgan Batten	SO	Mount Mercy	55.64m
3	333 Nick Allen	SR	MidAmerica	53.64m
4	348 Brody Stewart	FR	MidAmerica	56.66m
5	374 Joseph Lepak	FR	Missouri Valley	55.56m
6	415 Nate Keiper	JR	Mount Mercy	52.88m
7	412 Ian Gonzalez-Palacios	FR	Mount Mercy	56.75m
8	30 Gage Hiebert	SR	Baker	61.56m
9	337 Davis Brogan	SO	MidAmerica	56.61m
10	41 Caleb Nelson	SR	Baker	57.79m

Event 46 Decathlon: #1 Men 100 Meter Dash

Lane	Name	Yr	School	Seed Time
Section 1 of 1 Finals				
3	228 Drew Mallett	SO	Culver-Stockton	NT
4	208 James Vandun	SR	Clarke	NT
5	89 Calvin Benson	SR	Benedictine	NT
6	248 Davy Bancey	SO	Graceland	NT

Event 46 Decathlon: #5 Men 400 Meter Dash

Lane	Name	Yr	School	Seed Time
Section 1 of 1 Finals				
3	228 Drew Mallett	SO	Culver-Stockton	NT
4	248 Davy Bancey	SO	Graceland	NT
5	89 Calvin Benson	SR	Benedictine	NT
6	208 James Vandun	SR	Clarke	NT

Event 46 Decathlon: #10 Men 1500 Meter Run

Lane	Name	Yr	School	Seed Time
Section 1 of 1 Finals				
1	248 Davy Bancey	SO	Graceland	NT
2	89 Calvin Benson	SR	Benedictine	NT
3	208 James Vandun	SR	Clarke	NT
4	228 Drew Mallett	SO	Culver-Stockton	NT

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Event 46 Decathlon: #6 Men 110 Meter Hurdles

Lane	Name	Yr	School	Seed Time
Section 1 of 1 Finals				
1	208 James Vandun	SR	Clarke	NT
3	248 Davy Bancey	SO	Graceland	NT
5	89 Calvin Benson	SR	Benedictine	NT
7	228 Drew Mallett	SO	Culver-Stockton	NT

Event 46 Decathlon: #4 Men High Jump

Pos	Name	Yr	School	Seed Mark
Flight 1 of 1 Finals				
1	228 Drew Mallett	SO	Culver-Stockton	NH
2	248 Davy Bancey	SO	Graceland	NH
3	89 Calvin Benson	SR	Benedictine	NH
4	208 James Vandun	SR	Clarke	NH

Event 46 Decathlon: #8 Men Pole Vault

Pos	Name	Yr	School	Seed Mark
Flight 1 of 1 Finals				
1	248 Davy Bancey	SO	Graceland	NH
2	89 Calvin Benson	SR	Benedictine	NH
3	208 James Vandun	SR	Clarke	NH
4	228 Drew Mallett	SO	Culver-Stockton	NH

Event 46 Decathlon: #2 Men Long Jump

Pos	Name	Yr	School	Seed Mark
Flight 1 of 1 Finals				
1	89 Calvin Benson	SR	Benedictine	ND
2	228 Drew Mallett	SO	Culver-Stockton	ND
3	208 James Vandun	SR	Clarke	ND
4	248 Davy Bancey	SO	Graceland	ND

Event 46 Decathlon: #3 Men Shot Put

Pos	Name	Yr	School	Seed Mark
Flight 1 of 1 Finals				
1	208 James Vandun	SR	Clarke	ND
2	248 Davy Bancey	SO	Graceland	ND
3	228 Drew Mallett	SO	Culver-Stockton	ND
4	89 Calvin Benson	SR	Benedictine	ND

Event 46 Decathlon: #7 Men Discus Throw

Pos	Name	Yr	School	Seed Mark
Flight 1 of 1 Finals				
1	248 Davy Bancey	SO	Graceland	ND
2	228 Drew Mallett	SO	Culver-Stockton	ND
3	208 James Vandun	SR	Clarke	ND
4	89 Calvin Benson	SR	Benedictine	ND

Event 46 Decathlon: #9 Men Javelin Throw

Pos	Name	Yr	School	Seed Mark
Flight 1 of 1 Finals				
1	228 Drew Mallett	SO	Culver-Stockton	ND
2	89 Calvin Benson	SR	Benedictine	ND
3	208 James Vandun	SR	Clarke	ND
4	248 Davy Bancey	SO	Graceland	ND

Event 32 Men 5000 Meter Race Walk

Lane	Name	Yr	School	Seed Time
Section 1 of 1 Finals				
1	297 Nathan Limas	SO	Grand View	22:59.32
2	192 Noah Church	SR	Clarke	23:24.08
3	293 Seth Diser	SR	Grand View	23:36.89
4	118 Owen Nolte	FR	Benedictine	23:42.39
5	232 Kenny Tucker	JR	Culver-Stockton	26:50.63
6	99 Daniel Crossett	FR	Benedictine	32:27.73
7	116 Micah Munoz	SO	Benedictine	32:59.99
8	424 Josh Scholl	SR	Mount Mercy	34:37.20
9	147 Exavier Coburn	SR	Central Methodis	NT
10	229 Gannon McNamee	SO	Culver-Stockton	NT
11	88 Sam Bartoszek	FR	Benedictine	NT